

Spring Food Drive 2007

How You Can Set An Extra Place At Your Table:

- 1. Organize a food or fund raising drive.**
- 2. Support the many food and fund raising events happening in our community.**
- 3. Make a food donation at a local grocery store, fire hall or The Food Bank of Waterloo Region.**

Most Needed Items: *Pork and Bean, Canned Meat and Fish, Pasta Sauce, Canned Beans, Rice, Hot & Cold Cereal, Powdered Milk, Syrups & Jams, Sugar.*

- 4. Make a cash donation online at www.thefoodbank.ca or call 519-743-5576.**
- 5. Support one of the following programs in our community:**

Phone Books For Food

Take your old phone book to Wasteco, 235 Curtis Drive, Guelph, 519-836-1610 or AMJ Campbell, 275 Frobisher Drive, Unit 2&3, Waterloo, 519-220-1900 or The Food Bank, 50 Alpine Court, Kitchener, 519-743-5576. If you have over 100 phone books please call either Wasteco or AMJ Campbell to arrange for a pick up.

Phones For Food

Drop off your old cell phone at The Food Bank or a drop off location near you. Check www.think-food.com for locations or to print a postage paid mailing label to send in your old phone. Sponsored by the Canadian Association of Food Banks, Purolator, PetroCanada and Rogers Wireless.

Cartridge World

Keep printer cartridges and laser toners out of our landfills by recycling and remanufacturing them. During the week of April 2nd, please visit Cartridge World and bring in your empty printer cartridges from your home or office, and Cartridge World will make a donation to The Food Bank Of Waterloo Region. Don't have any empties to bring in?? No problem, Cartridge World is proudly accepting non perishable food donations on behalf of The Food Bank!

Call Cartridge World and help support the cause by keeping a 'printer cartridge recycling bin' in your business or office! Cartridge World even has the man power to collect the empties for recycling when your bin is full, so you don't have to worry about the collection!!!

Thank you to [Pino's Salon and Spa](#), [Allied Flooring](#), [570NEWS](#) and [CHYM FM](#) for recently joining this drive to help keep our landfills free of toxic materials that will affect our soil and our water in the future.

Please call 519.576.8889 for more information about the Cartridge World program.