

WHERE TO FIND US:

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Thanksgiving Food Drive NEWSLETTER

October 8-October 22



Sharing with my community...every day.



The shelves at The Food Bank of Waterloo Region are bare!

A long, hot summer has left inventory levels for many non-perishable food times extremely low. That is why the Food Bank's Annual Thanksgiving Food Drive is our largest and most important Food Drive of the year.

Our goal is to collect 317,500 lbs. of food.

Our theme is "Sharing with my community...every day". Local businesses share with the community by conducting food drives on the Food Bank's behalf. Farmers share with the community by donating milk and crops. Volunteers share with the community by giving of their time and energy, and families share with the community by making donations at their local grocery store.

You can share with the community by participating in food drives organized at your place of business, school or place of worship. Besides making a donation at your local grocery store, you can drop off a donation at your nearest firehall or some *Upcoming Events* listed to the left of this page.

If you would like to make a financial contribution, you can contact the Food Bank online at www.thefoodbank.ca, or by calling [519] 743-5576.



Photo taken at Conestoga Retirement Lodge

We share what we can.

UPCOMING EVENTS

October 8-22

Thanksgiving Food Drive

The goal this fall is to raise **317,500 lbs.** of food. Check the Food Bank website (www.thefoodbank.ca) for information on how you can support the Thanksgiving Food Drive.

October 10

City of Kitchener Grillfest

Members of City staff and council will cook and serve M&M Meat Shops hamburgers and drinks in return for a donation to The Food Bank of Waterloo Region. Grillfest takes place in front of Civic Square during and immediately following the annual Oktoberfest Kick-Off celebrations.

October 11

CHYM FM/570 News Oktoberfest Breakfast, Waterloo Town Square

All of your favourite announcers will serve free pancakes with syrup, sausages and apple cider. Those attending the Breakfast are invited to bring along a donation of non-perishable food for the Thanksgiving Food Drive.

October 13

Annual Thanksgiving/Oktoberfest Parade

The Parade begins at 8:45 am from King & Erb in Waterloo and continues to King & Cedar in Kitchener. If you plan to attend the Parade, please bring along a non-perishable food item for the Thanksgiving Food Drive.

November/December

Canadian Tire Launch

Local Canadian Tire stores will again conduct their annual Christmas Tree Campaign. For every Christmas tree purchased, \$5 will be donated through the Canadian Tire Foundation for Families to The Food Bank of Waterloo Region. Customers are also encouraged to donate Canadian Tire money.

November 15

Santa Claus is coming to Town

The Twin City Jaycees will host the Annual Santa Claus Parade starting from King and Erb in Waterloo and ending at King and Cedar in Kitchener. Volunteers will be pleased to collect your non-perishable food donation along the route.



Marillac Place

In 2002, Family and Children's Services received a call that Tammy was neglecting her 15-month old daughter. As a result, Tammy was ordered to move into Marillac Place – a residence for pre-natal and post-natal women between the ages of 15 and 25. There she was to learn and develop proper parenting skills or risk losing her daughter.

Tammy also learned about nutrition, learned to cook for herself, her daughter and other residents. By not having to worry about where her next meal was coming from, provided her with the time and energy to make a better life for her and her daughter.

Today, Tammy and Amber live on their own, and Tammy is looking at returning to post-secondary schooling.

Marillac Place is one of 60 member agencies and community food programs supported by The Food Bank of Waterloo Region.

THE NEW LOOK OF COMMITMENT



Sharing with my community...every day.

You may notice a slightly new look for The Food Bank of Waterloo Region in the weeks ahead.

We've updated our original logo with a softer, more contemporary look with the help of MFX Partners of Waterloo and Food Bank volunteers, donors, staff and the general public. In addition, the Food Bank has adopted the phrase "Sharing with my community...every day.". Together, we believe the new look is better representation of our Mission to provide food to the hungry and improve the quality of life.

We are extremely fortunate to live and work in a very caring and generous community. As we approach our 20th year of service in Waterloo Region, we want to share our sense of optimism and hope with a community where the urge to do good is alive and thriving...every day!

WE NEED

Hot & cold cereal, peanut butter, dry pasta, canned vegetables, fruit and stews, rice, tomato sauce, macaroni & cheese, pork & beans

THANKSGIVING FOOD DRIVE

October 8-22

Food Bank chooses Volunteer(s) of the Year

The Food Bank of Waterloo Region congratulates long-standing volunteers Bette Anne Gilbert and Ernie Biernes as being chosen as co-recipients of the 5th Annual Nelson Jarvis Award as Volunteers of the Year. The two were presented with the Award at the Food Bank's Annual General Meeting held Wednesday September 17th.

Other highlights included presentation of the Presidents Award to Conestoga Rovers & Associates for their generous and ongoing support, which includes food drives, financial support to various campaigns, as well as designing and providing a home for the new Food Bank website.



HAPPY ANNIVERSARY!

Best wishes go out to the K-W Zonta Club, which is celebrating its 25th anniversary this fall. Local members work to improve the quality of life for women through fundraising and charitable giving, and recognizing outstanding community members. On the evening of October 14th, members of the local Chapter will again help the Food Bank by sorting Thanksgiving Food Drive donations. The club will celebrate its milestone anniversary at a luncheon on Sunday, November 2nd at Whistlebear Golf Club.

POVERTY QUIZ

1. Almost 1 in 6 children in Canada lives in poverty. (T/F)
2. As long as families have jobs, they can lift themselves out of poverty. (T/F)
3. Low income children are less likely than higher income children to be in excellent health. (T/F)
4. Child poverty is such a huge issue that there is little any one individual can do to make a difference. (T/F)

Answers: 1T, 2F, 3T, 4F

These questions can be found as part of a Poverty Quiz developed by Campaign 2000. To read the complete answers and take the entire Quiz, please visit www.campaign2000.ca and click on the Poverty Quiz.

IN MEMORIAM

Donations to The Food Bank of Waterloo Region have been made in memory of:

Michael MacNeil
Aaron Martin
Bernice Gowan
Blanche Wright

LEADERSHIP SPONSORS:



PARTNERSHIP SPONSORS:



MEDIA SPONSORS:

The Record ♦ Waterloo Chronicle ♦ Cambridge Times
Elmira Independent ♦ Woolwich Observer ♦ New Hamburg Independent

DONOR INFORMATION (simply clip and mail)

Mr. Name: _____
 Mrs. Address: _____
 Miss City: _____ Postal Code: _____
 Ms. Telephone: _____ E-Mail: _____

I would like to donate:

\$250.00 \$100.00 \$70.00 \$35.00 Other \$ _____

I would prefer my contribution to be used for:

- non-perishable food recovery and distribution
 perishable food recovery and distribution
 where it is needed most

PLEASE CHARGE MY CREDIT CARD

Cheque Mastercard VISA American Express

Card #: _____ Expiry Date: ____/____

Signature: _____

Please Make Cheque Payable to: **THE FOOD BANK OF WATERLOO REGION**

PRE-AUTHORIZED DONATION (PRAD) ENROLLMENT FORM

I would like to make a monthly donation of
\$ _____

- I have enclosed a "VOID" Cheque
 Please debit my credit card
 Mastercard VISA American Express

Card #: _____
Expiry Date: ____/____

Signature: _____

Name: _____

Address: _____

City: _____

Postal Code: _____

Phone: (____) _____

Tax receipt for PRAD contributions will be issued at the end of the year.
Charitable Registration #: 11923 3310 RR0001

PLEASE REMOVE MY NAME FROM YOUR MAILING LIST

I WISH TO REMAIN ANONYMOUS

03FNL