

REGISTER YOUR FOOD DRIVE
thefoodbank.ca



THE
FoodBank
OF WATERLOO REGION

PHIL'S FAVOURITE THINGS



- Canned Meat & Fish
- Canned Fruit
- Dry Beans
- Stews & Chili
- Beans in Sauce
- Rice
- Canned Pasta
- Pasta Sauce
- Peanut Butter
- Canned Beans

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