Not Sure What to Donate?

**Bakery**
We can accept all bread and bread product such as whole loaves, sliced, artisan, bagels, buns, rolls, wraps, pita, flatbread, cakes and pastries. We can’t accept products without listed ingredients or products with ripped or torn packaging.

**Dairy**
We can accept cheese and cheese products, milk and other dairy beverages, eggs and egg substitutes, yogurts and cultured dairy products. All milk products cannot be past the Best Before Date. We can’t accept product without listed ingredients, products emitting foul odor, discoloured products, product past the Best Before Date, ripped or torn packaging.

**Frozen**
We can accept frozen vegetables and fruit, frozen desserts and frozen meals. We can’t accept products without listed ingredients, defrosted products, products with rips or tears in the inner packaging.

**General Grocery - Shelf Stable Items**
We can accept all canned/jarred/bottled or boxed/bagged products with legible ingredients listed. We can’t accept severely dented or damaged cans or products with rips or tears in the inner packaging and products with a Best Before Date of 12 months beyond the donation date.

**Fresh Meat & Seafood - Frozen prior to the Best Before Date**
We can accept red meat, poultry, game meat, fish, prepackaged deli meat, packaged and bulk meats. We can’t accept repackaged meat, products without listed ingredients, meat with ripped or torn packaging, discoloured products, products emitting odor, defrosted products, products past the Best Before Date – unless frozen prior to the Best Before Date.

**Produce - Fruits and vegetables with minimum 2-3 days of shelf life**
We can accept fruits and vegetables, bags of produce, products bound/tied or in a bag. We can’t accept moldy or rotten fruits and vegetables, fruits and vegetables with only 1 day of shelf life.