

# BANANA SPLIT SMOOTHIE

Serves 5 | Prep: 5 mins | Total: 5 mins

Difficulty level: Easy



## INGREDIENTS

- 2 cups chocolate milk
- 2 cups strawberry yogurt
- 1 cup strawberries (fresh or frozen)
- 1/3 cup pineapple (fresh, frozen, or canned)
- 1 banana
- Ice (optional)

## INSTRUCTIONS

1. Add all ingredients to a blender and puree until smooth.
2. Serve immediately.

**For more information, visit [thefoodbank.ca/food](https://thefoodbank.ca/food)**

Adapted from [cookspiration.com](https://cookspiration.com)