

# CHICKEN SALAD SANDWICHES

Serves: 4 | Prep: 10 mins | Total: 10 mins

Difficulty level: Easy



## INGREDIENTS

- ¼ cup mayonnaise
- ¼ cup plain yogurt
- 2 teaspoons mustard
- 1 green onion, finely chopped (or 1 Tablespoon red onion)
- ¼ teaspoon pepper
- 2 cups cooked chicken, cubed
- 1 medium celery rib, diced
- ½ cup diced apple, of choice
- 1/3 cup seedless grapes, halved
- Bread, mini bagels, crackers, or pitas (of choice)

## INSTRUCTIONS

1. In a bowl, combine mayonnaise, yogurt, mustard, onion, and pepper. Stir in chicken, celery, apple, and grapes.
2. Divide mixture evenly and serve alongside bread or cracker of choice.
3. Mixture can be stored in the fridge for 3-4 days.