OVEN ROASTED BROCCOLI

Serves: 4 | Preparation: 5 minutes | Total: 20 minutes Difficulty: Easy





INGREDIENTS

- 4 cups broccoli, cut into bite sized pieces
- 3 tablespoons oil of choice
- Salt and pepper, to taste
- Parmesan cheese, shredded (optional)

INSTRUCTIONS

- 1. Preheat oven to 425°F.
- 2. In a bowl, toss together broccoli, oil, salt, and pepper until well combined.
- 3. Spread evenly on a baking sheet and bake for 10-15 minutes or until broccoli is tender crisp.
- 4. Sprinkle with Parmesan cheese and broil for 1 minute or until cheese is melted.