

Hunger Count

The Food Bank's Hunger Count provides insight into food insecurity in Waterloo region. The data is from July 1, 2022 to June 30, 2023.

PROGRAM VISITS

28% 8+ VISITS



FAMILY COMPOSITION

67% SINGLE PEOPLE



FOOD RECIPIENT (AGES)

35% 0-17 YEARS



HOUSING TYPE

60% PRIVATE RENTAL



SOURCE OF INCOME

11% EMPLOYMENT INCOME



We endorse Feed Ontario's policy recommendations for change and call on the Ontario government to increase Ontario Works (OW) and Ontario Disability Support Program (ODSP), change the earned income clawback formula for OW to match that of ODSP, treat income from other benefits, like the Canada Disability Benefit, the same as earned income, and combine the basic needs and shelter allowance into a single flat rate. We also endorse Food Banks Canada's policy recommendation pillar and call on the Canadian government to create a minimum income floor and support low-income workers.