

WHOLE WHEAT PANCAKES

Yield: 6 | Preparation: 5 minutes | Total: 20 minutes

Difficulty: Easy



INGREDIENTS

- $\frac{3}{8}$ cup whole-wheat flour
- $\frac{1}{4}$ cup oats
- 1 teaspoon baking powder
- $\frac{3}{8}$ cup milk
- 1 large egg, lightly beaten
- 2 teaspoons canola oil

INSTRUCTIONS

1. In a large bowl, combine flour, oats, and baking powder. In a second bowl, combine milk, eggs, and oil.
2. Add flour mixture to milk mixture. Stir to until just combined.
3. Drop $\frac{1}{4}$ cup of batter into a greased skillet over medium heat. Cook flipping once bubbles start to form and edges are beginning to set.