

NOODLES WITH PEANUT BUTTER SAUCE

Serves: 8 | Preparation: 30 minutes | Total: 30 minutes

Difficulty: Easy



INGREDIENTS

- 16 ounces (454 grams) whole wheat pasta, uncooked
- ¼ cup peanut butter
- ⅓ cup warm water
- ¼ cup low-sodium soy sauce
- 2 tablespoons cider vinegar
- 4 teaspoons sugar
- 1 bag frozen vegetables, thawed (broccoli, snap peas, etc.)

INSTRUCTIONS

1. Cook pasta according to directions. Drain and set aside.
2. In a bowl, combine peanut butter and water until smooth.
3. Add soy sauce, vinegar, and sugar. Stir until combined. Set aside.
4. In a microwave safe bowl, add vegetables and ½ cup water. Steam for 3–5 minutes in microwave. Drain excess water.
5. In a bowl, toss together pasta, vegetables, and peanut sauce until evenly combined. Serve hot or cold.