

CANSTRUCTION WATERLOO REGION

BUILD DAY GUIDELINES

Friday, March 13, 2026 at Conestoga Mall.

When you arrive, please report to The Food Bank home base at WINNERS Court to receive any last-minute instructions.

Please keep your build area clear and stay within your space. We need to be conscious of the mall patrons and not interfere with their shopping experience. Volunteers will be on hand to assist with removal of garbage and recycling. All cardboard is to be broken down and placed in a pile. All plastic wrap and garbage is to go in the garbage bag provided.

There will be a photographer/staff taking pictures and video through the build to be used for social media and our marketing. If there is a member of your group who cannot be in those photos or video, please let me know asap. Members of the media will be in attendance as well.

When your build is complete, please find The Food Bank staff to take a group photo before you leave.

Have a great build!

Becky and Emily

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BUILD REMINDERS:

SIZE OF STRUCTURE - Maximum size for a structure is 10ft L x 10ft W x 6ft H.

SIZE OF BUILD TEAM - Maximum size of each team is five (5) builders at a time in 10x10 build area. Additional team members are allowed outside of the build area to assist with other duties

BUILD TIME - Maximum build time is six (6) hours. No build out should exceed 6 hrs.

PROPS – Props, Boxes and Bagged food are strongly discouraged. Judges prefer pure food structures. Try to solve all design problems with food items.

BUILD SUPPLIES - teams are responsible for bringing and removing any supplies they require for their build.

TYPES OF CANS

Non Permissible Items:

- NO glass containers, alcoholic beverages or soda.
- NO junk food or pet food (Make every effort in designing your structure to use nutritious, edible foods for The Food Bank)
- NO opened, exposed or expired food.
- NO covered, stripped off or altered labels. Cans must be full, unopened, and with labels intact and legible.

TYPES OF STRUCTURAL SUPPORT

Non Permissible Items:

Structures MUST be structurally self-supporting:

- NO 2x4 boards.
- NO leveling boards greater than 1/4" thick.
- NO sheet metal.
- NO permanent adhesives.

Permissible Items:

- Clear and double-faced tape.
- Velcro, magnets.
- High-tension rubber bands, nylon string, wire, tie-backs, zip ties.
- Tubes, wooden and threaded rods used for alignment
- One-quarter inch thick materials- for the purpose of leveling materials and not as load bearing.



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